

# Do you suffer from long standing back problems?

## *Biopuncture could help – available for the first time in North Devon*

**A new complementary health treatment which is having remarkable results on the Continent is now available for the first time in North Devon. Biopuncture is a safe and natural technique used to treat muscle pain, scar tissue, arthritis and sports injuries. It is now available at Turning Point Clinic of Complementary Medicine in South Molton.**

Biopuncture involves injecting tiny amounts of homeopathic plant-based preparations into the area of the body experiencing pain. This stimulates the body's self-healing capacities.

"The results from the Continent have been excellent, and I am encouraged by the early results that I am having with patients here in North Devon," says osteopath Jonathan Lawrence, owner of Turning Point, who is trained in using Biopuncture. "I have been particularly impressed by the range of conditions that Biopuncture can help. The reason the technique is so effective is that the remedies are targeted to the exact area of the body where they are needed."

One of Jonathan's patients, Jan Pearson, 51, from Dolton, has seen her back problems improve enormously thanks to Biopuncture. "I have suffered from a bad back for years, but it recently got much worse," says Jan. "I was in terrible pain and painkillers weren't touching it. I decided to give Biopuncture a try. It took four days after the treatment before my back felt better, and then the improvement was about



95%. I was delighted. I went back for a second session and now my back is feeling absolutely great."

All the products associated with Biopuncture have been used in homeopathy for many years and are subject to strict quality control regulations. Side effects are rare because the products are non toxic, however, as with other complementary health therapies, patients may find their condition worsens a little before an improvement is seen. This is known as the 'reaction phase' where the body's healing processes are being activated. Biopuncture uses extremely fine needles for the injections which cause very little discomfort.

Jonathan Lawrence, BA, DO, Cert Ed, has been a practicing osteopath since 1985. In recent years he has undergone training in Biopuncture in the UK and Italy.

**For more information, contact Turning Point, 1 Oakland Place, South Street, South Molton, EX36 4AD, 01769 574833 [www.turningpointclinics.co.uk](http://www.turningpointclinics.co.uk)**



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